

AmeriCorps

Vermont Youth Development Corps places AmeriCorps members at youth organizations that offer positive skill-building opportunities for youth. AmeriCorps members provide social, recreational, cultural, and service programs for youth, who are included as partners and leaders. VYDC members develop solid community support systems for military and veteran families, create effective youth programs that promote health and civic engagement; and build the capacity of organizations to sustain these programs. In 2013, Vermont Youth Development Corps AmeriCorps members managed 565 volunteers providing 3,716 hours, raised \$44,489 in cash and \$34,434 in-kind, and forged more than 200 approaches to support active duty military and veteran families. Nearly 800 children and youth were engaged in physical education activities, reducing childhood obesity.

AmeriCorps NCCC

The mission of the Vermont State Park system is to conserve and interpret their natural, cultural, historic and scenic heritage on behalf of the people of Vermont, all while providing recreational opportunities and economic benefit. An AmeriCorps NCCC team constructed a 600-foot long fence to border the nature center and pavilion areas at Coolidge State Park. This project was significant since the fence followed the design of an original Civilian Conservation Corps (CCC) fence, matching the character of the CCC-constructed park. AmeriCorps NCCC members also renovated three houses and refurbished 14 campsites.

AmeriCorps VISTA

Vermont Youth Tomorrow (VYT) places 30 AmeriCorps VISTAs at organizations serving low-income youth throughout the state. VYT AmeriCorps VISTAs mobilize resources to help youth succeed in school, develop job skills, and adopt healthy habits. VYT also promotes initiatives for youth in military families. AmeriCorps VISTAs managed 1,281 volunteers providing 25,382 hours, raised \$522,396 and forged 173 community collaborations. VISTA members implemented nutrition, exercise, tutoring, mentoring, job skills, education, and housing programs benefiting 11,382 youth directly and 51,233 indirectly. More than 1,000 low-income youth received employment training, 1,370 received housing assistance, 1,479 received free healthy meals, and more than 1,500 had nutritional counseling. Of those served in 2012, 1,338 were military youth or family members.

Senior Corps

According to the National Osteoporosis Foundation, 21,500 Vermont adults aged 50 and older have osteoporosis, a rate higher than the national average. The National Osteoporosis Foundation reports 90 percent of hip fractures are the result of falls, each estimated to cost \$90,000. Each year in Vermont, an estimated 470 people suffer hip fractures resulting in a cost of \$42,300,000. The Vermont RSVP Bone Builders project provides strength training and education to seniors statewide to prevent, reverse, and alleviate osteoporosis. This year, 326 RSVP volunteers from the state's RSVP programs served as exercise trainers serving 1,373 individuals at 94 sites resulting in a conservative health care savings of \$21,000,000. Functional capacity surveys show an average of 86 percent increases in the areas of strength, balance, flexibility, and DXA bone density testing confirmed these positive results.

Social Innovation Fund

Champlain Housing Trust (CHT) is one of the oldest and largest community land trusts in the country, with over 500 limited equity homes in its portfolio. They were selected by Social Innovation Fund (SIF) intermediary NCB Capital Impact to receive an initial subgrant of \$130,000 per year, which they will match dollar-for-dollar. With SIF support, CHT anticipates adding another 42 new shared equity units over the next five years and managing the resale of 15 to 30 homes per year. Measureable outcomes include creating new capital sources, developing a statewide database of affordable homes and model stewardship tools, expanding partnerships to increase production of permanently affordable homes, making progress towards equitable and consistent property taxation for owners of CLT homes, and developing documentation to facilitate replication by other agencies. CHT has a well-demonstrated ability to do long-term evaluation of its portfolio and is a national leader in this effort.